



Bethel Region Age-Friendly Community Initiative (AFCI) 2019 Annual Report

2019 was a year of expanding our capacity to serve the community and deepening our collaborations with other community organizations and agencies. Our May, 2019 Listen to your Elders event (with the participation of a wide segment of community members) provided enrichment to already existing programs and some exciting new potentials. We are working toward our next 3-year Action Plan, an outline of which is available upon request.

- A. **OUR MISSION** is to explore ways to make the community more supportive of healthy aging and to make it possible for people to stay in their own homes and communities as they age. We are a member of the AARP and WHO networks of Age-Friendly Communities. We enjoy a very close relationship with AARP Maine and serve as mentors for burgeoning communities across the state.
- B. **MEMBER TOWNS**, all of which contribute funding to the AFCI: Bethel, Gilead, Greenwood, Hanover, Newry, Woodstock.

C. **BOARD OF DIRECTORS AND OFFICERS** of our 501 (c)(3) non-profit corporation:

Anita Clark	Newry rep; Secretary
Bob Oickle	Greenwood rep; Treasurer
Charlie Reiss	Woodstock rep
Katina Colombotos	
Linda McDonough	Bethel rep
Mariann Goff	
Nancy Davis	President
Shirley Powell	Hanover rep; Vice President

D. **PROGRAMS**

Based on current research into the factors that impact the lives of older adults, we have established working teams to initiate programs and projects around five Livability Factors: **On the flip side of this document is the flyer that describes our programs.** This 5x7 blue flyer is available at a large number of sites in our six towns.

The Neighbor-to-Neighbor (N2N) Volunteer Driver Program has gathered the following statistics for the 2019 program:

- 18 drivers
- 20 riders
- 184 total rides
- 5500 miles driven by N2N drivers
- 475 driver hours
- 95% or rides fulfilled
- \$3,190 in mileage value

submitted January, 2020